



IO1 – Introduction to Pedagogy for Parents

Phase 1 Workshop 1
Activity 1. 2 How does
this relate to me as a
parent?

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How does this relate to me as a parent?

In your small group reflect on the following:

- Do these stages sound familiar?
- Can you identify which stage of parenting you are in? Perhaps you are in more than one stage with your children?
- How do you know if your parenting style is appropriate for your child? Is their age or level of maturity?
- What do children tell you either in words or actions about their opinion of your parenting?

Individually reflect on the following questions to identify if your parenting style is appropriate for your child:

- Do you do things for your child that they could do by themselves? If so, why? Is it because they approach you for help or perhaps because it's easier/quicker/safer for you to do it for them? What would pros and cons be of teaching them to do it themselves?
- Do you solve social problems for your child, do you solve problems together or does your child work through things on their own? Why? What does this mean for you and your child?
- Is your parenting style more about preventing your child from making mistakes or finding ways to bring out the best in them? How can you encourage them to grow while still caring for their safety?
- What type of personality does your child have? How do they react to your attempts at discipline, rules, nurturing or allowing them freedom? Are they secretive? Defiant? Compliant? Do they negotiate? Do they ignore the rules? Think about what their behaviour is telling you.

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Co-funded by the
Erasmus+ Programme
of the European Union

"The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein."

Project Number: 2020-1-UK01-KA204-079159